



Feeding Bodies. Fueling Minds.™

MISSOURI SCHOOL NUTRITION ASSOCIATION

Messenger

THE VOICE OF CHILD NUTRITION IN MISSOURI





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Letter from the President

Happy Fall to our MSNA Membership!

This should be the time of the year we are gathering with hugs for old friends, smiles for new faces, learning in tight spaces, and lots of laughs to rejuvenate us before we head back to our districts, refreshed from the energy a weekend spent together that annual conference provides us all. It is incredibly disappointing not to be able to get together, not to watch and enjoy the fruits of a year of planning and work play out and especially not to be able to celebrate the hard earned member and district awards!



I think we all logically know, however, that focusing on what we can't do or what we've "lost" isn't productive and doesn't help in the long run. It has been an amazing time to be in education – don't you agree?!? Every facet of our districts has been affected and we've all had to make alternate plans... A, B, C – sometimes landing on plan J or K! But the truth is, all that planning and re-planning has made me tired. And if I had to guess.... you're tired too.

I counted on things like annual conference and board meetings to see my MSNA friends, take a break from the hustle and bustle, commiserate over shared experiences, and find myself re-energized and therefore, ready to face it all again. So while my mind knows long-term wallowing in the disappointment of losing those events (for now!) in our lives isn't healthy, I dare say, admitting that it's been rough and owning that "it's OK not to be OK" might just be the very thing we need to do to take care of ourselves!

The fact is some days don't work out the way we want. Some days are a struggle and we feel like Wonder Woman in her wrist cuffs deflecting road block after road block. Things can be frustrating and no one seems to "get us." So sometimes walking away, taking a break, counting to ten, inhaling and exhaling or just good old starting again tomorrow is the best thing we can do. Perhaps putting on a "brave face" is actually less effective for our teams than sharing our struggles. Especially, since we are all struggling right now. That doesn't make us any less productive, any less positive of a person.... that just makes us more real.

I'd encourage you to check out the School Nutrition Association's [Training Zone](#) for Webinars on Demand – available 24/7 during this time we are apart, for up-to-date CEU offerings. Particularly: "Building Resilience & Promoting Mental Health During Challenging Times" & "Taking Care of Yourself and Your Students: Coping with Pandemic Crisis & Loss" are two I've recently enjoyed.

Be sure to take care of you while working so hard to take care of others!

Sarah Chellberg

Sarah Chellberg,
MSNA 2019-2020 President



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<https://schoolnutrition.org/trainingzone/>

A vertical still life image on the left side of the page featuring autumn-themed items: a small wooden bowl of hazelnuts and walnuts at the top, followed by yellow and orange pumpkins, clusters of red berries, and ears of yellow corn at the bottom, all set against a background of yellow and orange leaves.

MSNA Annual Membership Meeting

Per the MSNA Bylaws, an Annual Membership Meeting is to be held once a year and the association has held that meeting in conjunction with the annual conference for the past seven years. Even though annual conference has been canceled for 2020 due to COVID-19 restrictions, the annual membership meeting must still be held. This year's meeting will be a virtual video format. As MSNA members in good standing, you will be sent a link to the location on the MSNA website where you can view the meeting at your leisure anytime during the week beginning Monday, November 16, 2020 through Sunday, November 22, 2020. Monday, November 23 you will be sent a ballot via Survey Monkey to vote on the revisions to the current bylaws. The vote will be a simple majority of those members voting. Voting will be open until Sunday, November 29, 2020.

In May, the MSNA Governance Restructure Task Force met under the guidance of an impartial moderator, Ric Telthorst. The task force moderator brought back to the MSNA Board of Directors from the task force a plan for board governance restructure. At the June MSNA Board of Directors meeting, a motion was moved to accept the task force recommendations for reducing the number of members of the board. The motion was seconded, opened for discussion, and unanimously passed. A second motion was moved to dissolve the chapter affiliates. That motion was also seconded, opened for discussion, and unanimously passed. The next step in the restructure is to present the changes to the bylaws that the dissolving of the chapters and the restructure would affect, to the membership for a vote. Those changes are as follows:

1. Removing all references to "Chapter" from Article II - Membership, all sections;
2. Removing reference to "chapter leadership positions" from Article III – Officers – Eligibility;
3. Changing the term of the treasurer from two years to one year to be in alignment with the other elected officer terms in Article III – Officers – Terms of Office;
4. Remove the "Chapter Leadership Meeting" from Article IV – Meetings Type of Meeting;
5. Remove the three industry representatives from Article V – Board of Directors - Composition;
6. Remove the advisors from Article V – Board of Directors - Composition;
7. Define the election of the regional directors in Article V – Board of Directors - Composition;
8. Remove the procedure for appointing the Industry Representatives from Article V – Board of Directors – Selection of Industry Representatives;
9. Remove the responsibilities of the regional directors to chapter affiliates from Article V – Board of Directors - and re-letter the remaining responsibilities of the regional directors;
10. Define the duties of the Executive Committee in Article IV – Executive Committee - Duties;

MSNA Annual Membership Meeting *(continued)*

11. Define how the regions will be designated in Article VII – Regions;
12. Remove the designation that the president appoints all standing committee chairs in Article VIII – Committees – Standing Committees;
13. Adding a new standing committee titled Industry Partners in Article VIII – Committees – Standing Committees to replace the Industry representatives and industry advisors previously removed from the composition of the board in #5 & #6 above;
14. Define the standing committee chairmen and committee members in Article VIII – Committees – Standing Committee Terms;
15. Remove the reference to “chapter affiliate” and renumber remaining ways in Article X – Amendments of Bylaws or Articles of Incorporation; and
16. Reposition the word “or” and remove reference to “chapter affiliate” in Article XI – Resolutions.

As a MSNA member in good standing, you have a right to propose an amendment to these amendments brought before you today. You must do so in writing to the executive secretary, emailed to msna@mosba.org or stocksick@mosba.org. Any amendments must be relative to these proposed bylaw amendments already in place. No new subject can be introduced under the pretext of being an amendment. In the Survey Monkey sent to you on Monday, November 23, 2020 any new proposed amendments from members will be included for your consideration.

Included on the next pages are the proposed amendments to the bylaws in their entirety. Please take the time to review them, and if you have questions, email msna@mosba.org and the executive committee will review your questions and respond to you directly. The current bylaws can be found in the MSNA website [here](#)!



MSNA Bylaws

Provisions Recommended for Amendment

Key: ~~Language with a line through it is intended to be eliminated.~~
Bold and underlined language is intended to be added.

1. **Amend Article II – Membership – Section A: Classes of Membership** - by removing the reference to chapter members.

Current Wording	Proposed Wording
Section A: Classes of Membership. Section 1. Membership Categories There shall be the following categories of membership: school nutrition members, affiliate members, associate members, chapter life members, retired members and honorary members.	Section A: Classes of Membership. Section 1. Membership Categories There shall be the following categories of membership: school nutrition members, affiliate members, associate members, <u>life</u> members, retired members and honorary members.

Rationale: The Board of Directors has proposed this change because of the direct relation to dissolving MSNA Chapters.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw Amendment.*

2. **Amend Article II – Membership – Section A: Classes of Membership – E. Chapter Life Members** - by removing the reference to chapter members.

Current Wording	Proposed Wording
E. Chapter Life Members - Any school nutrition member may become a chapter life member after ten (10) years of active membership. Chapter <u>L</u> ife dues are based according to current dues structure as defined in Policies and Procedures. Chapter <u>L</u> ife membership shall be conferred on the president upon completion of office.	E. Life Members - Life dues are based according to current dues structure as defined in Policies and Procedures. Life membership shall be conferred on the president upon completion of office.

Rationale: The Board of Directors has proposed this change because of the direct relation to dissolving MSNA Chapters.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw Amendment.*

3. Amend Article II – Membership – Section B: Rights and Privileges of Members - by removing the reference to chapter members.

Current Wording	Proposed Wording
<p>Section B: Rights and Privileges of Members. All school nutrition and chapter life members whose dues, if any, are currently paid, shall be entitled to vote for the election of officers for the coming year and to vote by mail or email upon any matter submitted to the voting membership.</p>	<p>Section B: Rights and Privileges of Members. All school nutrition members whose dues, if any, are currently paid, shall be entitled to vote for the election of officers for the coming year and to vote by mail or email upon any matter submitted to the voting membership.</p>

Rationale: The Board of Directors has proposed this change because of the direct relation to dissolving MSNA Chapters.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw Amendment.*

4. Amend Article II – Membership – Section B: Rights and Privileges of Members – 2. by removing the reference to chapter members.

Current Wording	Proposed Wording
<p>Section B: Rights and Privileges of Members. 2. Chapter Life members shall have all the rights and privileges of school nutrition members. A life member who becomes employed in a non-eligible field shall forfeit the right to chapter life membership and shall become an honorary member.</p>	<p>Section B: Rights and Privileges of Members. 2. Life members shall have all the rights and privileges of school nutrition members. A life member who becomes employed in a non-eligible field shall forfeit the right to life membership and shall become an honorary member.</p>

Rationale: The Board of Directors has proposed this change because of the direct relation to dissolving MSNA Chapters.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw Amendment.*

5. Amend Article II – Membership – Section D: Chapter Affiliates - by removing the entire section referencing affiliate chapters.

Current Wording	Proposed Wording
<p>Section D: Chapter Affiliates. Any group of members of the Missouri School Nutrition Association on written application to the MSNA Membership Chairman may become an affiliate chapter of the Missouri School Nutrition Association on the following basis:</p> <ol style="list-style-type: none"> 1. Bylaws: The Bylaws and purposes of the local School Nutrition Chapter shall be in harmony with the bylaws and purposes of the Missouri School Nutrition Association. A copy of the local bylaws shall be submitted with the application for affiliation. 2. Affiliation: Affiliation applications shall be submitted to the executive secretary who will distribute them to the membership committee. This committee shall provide a recommendation for approval or disapproval to the board of directors for a final decision. 3. Dues: A chapter may establish separate membership dues so long as such dues do not exceed a sum equal to the state dues for such member's class of membership. 4. Name: Each chapter shall be known as School Nutrition Association with its local name preceding the title. 5. Elected Officers: A list of newly elected officers, with mailing addresses, shall be sent to the state President Elect and Executive Secretary within fifteen (15) days after the election. 6. Only school nutrition members, regularly employed in an eligible field, shall be eligible to serve as officers of affiliated chapters. 7. Each chapter shall adopt a plan of action consistent with the state plan of action. 	

Rationale: The Board of Directors has proposed this change because of the direct relation to dissolving MSNA Chapters.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw Amendment.*

6. **Amend Article III – Officers – Section B: Eligibility – 1.** by removing the reference to chapter leadership.

Current Wording	Proposed Wording
Section B: Eligibility. 1. have demonstrated leadership ability by serving on the board of directors; or by serving on a state committee; or in regional chapter leadership positions; and	Section B: Eligibility 1. have demonstrated leadership ability by serving on the board of directors or by serving on a state committee; and

Rationale: The Board of Directors has proposed this change because of the direct relation to dissolving MSNA Chapters.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw Amendment.*

7. **Amend Article III – Officers – Section C: Term of Office – d.** by changing the term of the treasurer.

Current Wording	Proposed Wording
Section C: Term of Office. d) Treasurer: The treasurer shall be elected and shall serve for two (2) years one (1) year or until a successor is elected and must have had previous board experience.	Section C: Term of Office. d) Treasurer: The treasurer shall be elected and shall serve for one (1) year or until a successor is elected and must have had previous board experience.

Rationale: The Board of Directors has proposed this change to bring the treasurer's term into alignment with the other elected officers.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw Amendment.*

8. **Amend Article IV – Meetings – Section A: Type of Meeting. – 5.** by removing the reference to Chapter Leadership Meeting.

Current Wording	Proposed Wording
Section A: Type of Meeting. 5. Chapter Leadership Meeting. A chapter leadership meeting should be held annually. The purpose of the meeting is to develop leadership and present the association's plan of action for the ensuing year.	

Rationale: The Board of Directors has proposed this change because of the direct relation to dissolving MSNA Chapters.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw Amendment.*

9. Amend Article V – Board of Directors – 1. Composition – a) by removing the reference to industry representatives.

Current Wording	Proposed Wording
a) The voting members of the board shall be the president, president-elect, vice president, treasurer, regional directors, and the chairmen of standing committee, and three (3) industry representatives.	a) The voting members of the board shall be the president, president-elect, vice president, treasurer, regional directors, and the chairmen of standing committees.

Rationale: The Board of Directors has proposed this change as a direct result of proposed governance restructure.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw Amendment.*

10. Amend Article V – Board of Directors – 1. Composition – b) by removing the reference to advisors.

Current Wording	Proposed Wording
b) The non-voting members of the board of directors shall be the executive secretary, the immediate past president, honorary board members, advisors appointed by the president, national officers residing in the state, and the coordinator of child nutrition services for the Missouri Department of Elementary and Secondary Education, Food and Nutrition Services.	b) The non-voting members of the board of directors shall be the executive secretary, the immediate past president, honorary board members, national officers residing in the state, and the coordinator of child nutrition services for the Missouri Department of Elementary and Secondary Education, Food and Nutrition Services.

Rationale: The Board of Directors has proposed this change as a direct result of proposed governance restructure.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw Amendment.*

11. Amend Article V – Board of Directors – 1. Composition – c) by adding the election procedures for regional directors.

Current Wording	Proposed Wording
c) Regional directors: Regional directors shall be elected for a three-year term. <u>Election of regional directors shall be by vote of the association membership by electronic ballot at a time designated by the board of directors.</u> Their place of employment shall be in a respective region at the time of nomination and election. If a change in district of employment occurs, they shall complete their term of office provided one (1) year of their term has been completed. If candidates are not found for all regions, experienced regional directors will cover additional regions, as assigned by the president until candidates can be found.	c) Regional directors shall be elected for a three-year term. Election of regional directors shall be by vote of the association membership by electronic ballot at a time designated by the board of directors. Their place of employment shall be in a respective region at the time of nomination and election. If a change in district of employment occurs, they shall complete their term of office provided one (1) year of their term has been completed. If candidates are not found for all regions, experienced regional directors will cover additional regions, as assigned by the president until candidates can be found.

Rationale: The Board of Directors has proposed this change to define the election of the regional directors.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw Amendment.*

12. Amend Article V – Board of Directors – 2. Selection of Industry Representatives – by removing the section refencing industry representatives.

Current Wording	Proposed Wording
2. <u>Selection of Industry Representatives.</u> The three (3) industry representatives shall be appointed by the president and approved by the board of directors.	

Rationale: The Board of Directors has proposed this change as a direct result of proposed governance restructure.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw Amendment.*

13. Amend Article V – Board of Directors – 4. by removing references to the chapter affiliates.

Current Wording	Proposed Wording
<p>4. The duties and responsibilities of regional directors shall be to:</p> <p>a) promote MSNA’s plan of action;</p> <p>b) express the views of chapter affiliates;</p> <p>c) provide liaison between chapter affiliates and the board;</p> <p>communicate with and assist affiliates and chapters;</p> <p>e) b) promote membership and help organize new chapters;</p> <p>f) share ideas for professional growth with chapter affiliates;</p> <p>g) c) be responsible for coordinating and presiding at a regional meeting; and</p> <p>h) d) fulfill other duties as assigned by the board of directors.</p>	<p>4. The duties and responsibilities of regional directors shall be to:</p> <p>a) promote MSNA’s plan of action;</p> <p>b) promote membership;</p> <p>c) be responsible for coordinating and presiding at a regional meeting; and</p> <p>d) fulfill other duties as assigned by the board of directors.</p>

Rationale: The Board of Directors has proposed this change because of the direct relation to dissolving MSNA Chapters.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw Amendment.*

14. Amend Article VI – Executive Committee – 2. Duties. by adding reference to the appointment of the chairmen of standing committees.

Current Wording	Proposed Wording
<p>2. <u>Duties.</u></p> <p>f) Analyze reports and make recommendation to the board;and</p> <p><u>g) Approve the appointment of the chairmen of standing committees; and</u></p>	<p>2. <u>Duties.</u></p> <p>f) Analyze reports and make recommendation to the board;</p> <p>g) Approve the appointment of the chairmen of standing committees; and</p>

Rationale: The Board of Directors has proposed this change as a direct result of proposed governance restructure and oversight.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw*

15. Amend Article VII – Regions – by designating that the MSNA regions will be the same with the DESE Food and Nutrition services regions.

Current Wording	Proposed Wording
Missouri shall be divided into regions. <u>The regions shall be contiguous with the boundaries of the Missouri Food & Nutrition Services regions as determined by the Missouri Department of Elementary and Secondary Education.</u>	Missouri shall be divided into regions. The regions shall be contiguous with the boundaries of the Missouri Food & Nutrition Services regions as determined by the Missouri Department of Elementary and Secondary Education.

Rationale: The Board of Directors has proposed this change as a direct result of proposed governance restructure.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw*

16. Amend Article VIII – Committees – Section A: Standing Committees
– to clarify who appoints the members of standing committees.

Current Wording	Proposed Wording
Section A: Standing Committees. 2. Legislative: The legislative committee shall be appointed by the president. This committee shall be responsible to the board of directors for evaluating and interpreting federal and state legislative programs, recommending needed federal and state legislation and appropriation consistent with program needs and serve as a clearing house in all legislative matters. It shall keep members informed and make available to members an annual summary of all federal education developments relating to the nutrition education and food service program, maintain liaison with all appropriate federal and state agencies, professional associations and organizations, and work with the legislative chair of the national association. The legislative chair arranges the “On the Hill” program of actions with MSNA members who attend the SNA legislative action conference.	Section A: Standing Committees. 2. Legislative: This committee shall be responsible to the board of directors for evaluating and interpreting federal and state legislative programs, recommending needed federal and state legislation and appropriation consistent with program needs and serve as a clearing house in all legislative matters. It shall keep members informed and make available to members an annual summary of all federal education developments relating to the nutrition education and food service program, maintain liaison with all appropriate federal and state agencies, professional associations and organizations, and work with the legislative chair of the national association. The legislative chair arranges the “On the Hill” program of actions with MSNA members who attend the SNA legislative action conference.

Rationale: The Board of Directors has proposed this change as a direct result of proposed governance restructure and oversight.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw*

17. Amend Article VIII – Committees – Section A: Standing Committees

– to clarify who appoints the members of standing committees.

Current Wording	Proposed Wording
3. <u>Nutrition Education:</u> This committee shall be appointed by the president. The committee shall be responsible to the board of directors for evaluating and interpreting nutrition trends and developments, recommending association action consistent with program needs and serve as a clearing house on all nutritional matters. It shall keep members informed and make available to members an annual summary of developments relating to nutrition aspects of school food service programs, maintain liaison with all appropriate state agencies, professional associations and organizations in the state and work with the nutrition chair of the national association.	3. <u>Nutrition Education:</u> The committee shall be responsible to the board of directors for evaluating and interpreting nutrition trends and developments, recommending association action consistent with program needs and serve as a clearing house on all nutritional matters. It shall keep members informed and make available to members an annual summary of developments relating to nutrition aspects of school food service programs, maintain liaison with all appropriate state agencies, professional associations and organizations in the state and work with the nutrition chair of the national association.

Rationale: The Board of Directors has proposed this change as a direct result of proposed governance restructure and oversight.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw*

18. Amend Article VIII – Committees – Section A: Standing Committees

– to clarify who appoints the members of standing committees.

Current Wording	Proposed Wording
4. <u>Professional Development/Certification:</u> This committee shall be appointed by the president. This committee shall be responsible to actively promote professional development and certification among members; maintain, promote and review scholarships; and to encourage school districts to assist members with or reward members in their professional development efforts.	4. <u>Professional Development/Certification:</u> This committee shall be responsible to actively promote professional development and certification among members; maintain, promote and review scholarships; and to encourage school districts to assist members with or reward members in their professional development efforts.

Rationale: The Board of Directors has proposed this change as a direct result of proposed governance restructure and oversight.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw*

19. Amend Article VIII – Committees – Section A: Standing Committees

– to clarify who appoints the members of standing committees.

Current Wording	Proposed Wording
5. <u>Marketing and Membership:</u> This committee shall be appointed by the president. This committee shall be responsible to actively promote and recruit members into the association; maintain, promote, and review member awards (i.e., Employee of the Year, Manager of the Year and Director of the Year); and develop and/or distribute membership materials.	5. <u>Marketing and Membership:</u> This committee shall be responsible to actively promote and recruit members into the association; maintain, promote, and review member awards (i.e., Employee of the Year, Manager of the Year and Director of the Year); and develop and/or distribute membership materials.

Rationale: The Board of Directors has proposed this change as a direct result of proposed governance restructure and oversight.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw*

20. Amend Article VIII – Committees – Section A: Standing Committees

– to clarify who appoints the members of standing committees.

Current Wording	Proposed Wording
6. <u>Local Arrangements:</u> This committee shall be appointed by the president on the recommendation of the president-elect. This committee shall be responsible for assisting the president-elect with local arrangements for the annual conference.	6. <u>Local Arrangements:</u> This committee shall be responsible for assisting the president-elect with local arrangements for the annual conference.

Rationale: The Board of Directors has proposed this change as a direct result of proposed governance restructure and oversight.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw*

21. Amend Article VIII – Committees – Section A: Standing Committees
– to add an additional standing committee.

Current Wording	Proposed Wording
	<u>7. Industry Partners:</u> <u>This committee shall consist of equal numbers of industry representatives from the food service sector and the non-food service sector. This committee will be responsible to the board of directors to make recommendations on programs and services of benefit to the membership; and shall act as a liaison between school nutrition members and industry representative members of the association.</u>

Rationale: The Board of Directors has proposed the addition of this standing committee as a direct result of proposed governance restructure.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw*

22. Amend Article VIII – Committees – Section B: Standing Committee
Terms – 1. – to clarify the terms of the committee members.

Current Wording	Proposed Wording
Section B: Standing Committee Terms 1. <u>The president, with the approval of the executive committee, shall annually appoint the chairmen of all standing committees. Committee chairs shall serve for one year and may be reappointed to serve additional terms. Committee chairmen may appoint committee members from among eligible association members. Upon request, the executive secretary may assist committee chairmen in identifying eligible committee members.</u> Standing committee members shall have the same term of office as that of the officers. Committee members shall be appointed by the President, subject to the approval of the incoming board of directors. All members of any committee or advisory board shall be a member of MSNA and SNA.	Section B: Standing Committee Terms 1. The president, with the approval of the executive committee, shall annually appoint the chairmen of all standing committees. Committee chairs shall serve for one year and may be reappointed to serve additional terms. Committee chairmen may appoint committee members from among eligible association members. Upon request, the executive secretary may assist committee chairmen in identifying eligible committee members. All members of any committee or advisory board shall be a member of MSNA and SNA.

Rationale: The Board of Directors has proposed the addition of this standing committee as a direct result of proposed governance restructure and oversight.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw*

23. Amend Article X – Amendments of Bylaws or Articles of Incorporation – Section A: Method of Proposal – by removing the reference to a chapter affiliate.

Current Wording	Proposed Wording
<p>Section A: Method of Proposal Amendments to the MSNA bylaws or the articles of incorporation shall be proposed in writing to the executive secretary postmarked at least sixty (60) days prior to the next annual general membership meeting in any one of the following ways:</p> <ol style="list-style-type: none"> 1. By an official request of a chapter affiliate; or 2. 1. By a majority vote of those board members present and voting; or 3. 2. By a written petition signed by 100 members of the association. 	<p>Section A; Method of Proposal Amendments to the MSNA bylaws or the articles of incorporation shall be proposed in writing to the executive secretary postmarked at least sixty (60) days prior to the next annual general membership meeting in any one of the following ways;</p> <ol style="list-style-type: none"> 1. By a majority vote of those board members present and voting; or 2. By a written petition signed by 100 members of the association.

Rationale: The Board of Directors has proposed this change because of the direct relation to dissolving MSNA Chapters.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw*

24. Amend Article XI – Resolutions– Section A: Notice for Resolutions. –
by removing the reference to a chapter affiliate.

Current Wording	Proposed Wording
<p>Section A. Notice for Resolutions. All proposed resolutions to be considered at the annual general membership meeting shall be submitted by the board of directors; or a standing committee or a chapter affiliate to the executive secretary in writing, postmarked no less than sixty (60) days prior to the annual general membership meeting. Copies of the proposed resolution shall be posted on the association website for all members or through publication in the <i>Messenger</i> at least thirty (30) days prior to the annual general membership meeting or prior to the deadline established for casting an electronic vote.</p>	<p>Section A. Notice for Resolutions. All proposed resolutions to be considered at the annual general membership meeting shall be submitted by the board of directors or a standing committee to the executive secretary in writing, postmarked no less than sixty (60) days prior to the annual general membership meeting. Copies of the proposed resolution shall be posted on the association website for all members or through publication in the <i>Messenger</i> at least thirty (30) days prior to the annual general membership meeting or prior to the deadline established for casting an electronic vote.</p>

Rationale: The Board of Directors has proposed this change because of the direct relation to dissolving MSNA Chapters.

Board of Directors Recommendation: *The Board of Directors recommends adoption of the Bylaw*

A vertical still life arrangement of autumn-themed items on the left side of the page. From top to bottom, it includes a small woven basket filled with hazelnuts and walnuts, a single walnut, a bright orange pumpkin, a cluster of red berries, another orange pumpkin, two ears of yellow corn, and a final cluster of red berries at the bottom. The items are interspersed with yellow and red autumn leaves.

MSNA Annual Meeting Agenda

Call to Order

Review the 2019 Minutes (informational only)

Annual Reports

- MSNA Update
- MSNA Membership Updates
- SNF Ambassador
- 2020-21 Plan of Action
- Treasurer's Report
- Legislative Action

New Business

- Proposed Bylaw Amendments

Adjournment

FOR INFORMATION ONLY

Missouri School Nutrition Association

2019 Annual Membership Meeting

Chateau on the Lake, Branson, MO

October 19, 2019

MSNA President Gail Jones called the meeting to order at 8:18 am.

The motion was made by Rick Kenkel to approve the agenda. Motion seconded. Following no discussion, motion carried.

MSNA President Jones announced that the 2018 Membership Meeting Minutes were made available for review in the conference program.

Annual Reports:

- Membership Committee Chair Linda Webster gave a comparison update on membership numbers from 2018-19 to 2017-18.
- SNF Ambassador Linda Webster gave an update on the benefits of contributing to the SNF Foundation. Contributions to SNF Foundation enable SNA members to attend career-building professional conferences and advance their education
- President Elect Sarah Chellberg discussed the State Strategic Plan for 2019-2020 including Professional Development, Advocacy and Public Image, Membership and Community and Government and Operations.
- Treasurer Vickie Cantrell submitted the annual treasurer's report. (The original of the report is with the permanent copy of the minutes at the MSNA office.)
- Legislative Chair Carmen Fischer gave an update on the state and federal legislative activity for the previous year.

New Business:

- Gail Jones brought forth the revisions for the MSNA Bylaws for review and discussion. Kelly Cook, on behalf of the MSNA Board, moved that the proposed bylaws be accepted as presented. Since the motion came from a body of more than one, no second was required. Having none of the proposed bylaws removed for separate discussion, the motion was passed by unanimous consent.

Announcements:

There were no announcements.

Meeting adjourned at 8:42 am.



Respectfully submitted,

Beth Stocksick, MSNA Executive Secretary

MSNA Available Scholarships and Awards

Being an MSNA member brings you several benefits. There are opportunities to fulfill professional goals and further your career in food service.

- The prestigious Employee/Manager/Director of the Year awards are given to those individuals that go above and beyond. They have been nominated by their fellow colleagues who recognized their contribution to school food service.
- MSNA will reimburse qualifying costs for certification and credentialing through SNA. It could not be any easier to invest time in your professional development!
- The Earl Langkop Scholarship is available to anyone who would like to begin their professional journey into food-related fields. It will be based on need, experience, contribution to the community, and scholastic achievement.
- The David R. Page Scholarship will help school food service professionals enrolled in college for their continuing education. Verification of enrollment is required.
- The SNA ANC scholarship was created to help one MSNA member travel to the Annual National Conference. This is an opportunity that should not be overlooked.


For more details and application forms, please visit www.mosna.org/awards

Scholarship/Award	Description	Deadline	Notification
Employee of the Year, Manager of the Year, Director of the Year	Recognizes school nutrition professionals for the contributions they have made throughout their school nutrition career.	03/01/2021	Early April 2021
Earl Langkop	For those pursuing a career in an approved food-related field. Monetary amount: \$100	03/31/2021	05/01/2021
David R. Page	For those furthering their career in school food service. Monetary amount: \$300	03/31/2021	05/01/2021
SNA ANC Scholarship	Provides current MSNA members the opportunity to attend the Annual National Conference. Monetary amount: \$1000	04/15/2021	06/01/2021
Certification/Credentialing Reimbursement	Certification: reimbursement for application fees for first level and when advancing a level. Monetary amount: \$18-33 Credentialing: reimbursement for successfully passing the exam and payment of first year's dues. Monetary amount: \$225 – exam, \$70 – first year dues	N/A	After receipt of complete form



SNA's Certificate Program in 3 Easy Steps

Earn your Level 1 Certificate

- 
- STEP 1:** Complete 8-hour Nutrition Core Course and 8-hour Food Safety Core Course
- STEP 2:** Send SNA your Completed Application, Payment and Certificates of Completion
- STEP 3:** Celebrate! SNA will send you a letter confirming you have earned your Level 1 Certificate in School Nutrition!

Aligned with USDA Professional Standards

Take the first step today!
www.schoolnutrition.org/Certificate



SNA's Credentialing Program



Professional Standards

Aligned with USDA Professional Standards

Why become a School Nutrition Specialist (SNS)?

The SNS Credential is a mark of excellence and achievement that reflects what it takes to run a successful school nutrition program in today's challenging climate.

The SNS Credentialing Exam evaluates candidates' knowledge and skills required to perform specific job activities related to managing or directing school nutrition programs. The SNS Exam is based on four key areas that are the basis for USDA Professional Standards and SNA's professional development programming.

- Benefits:**
- Provides formal recognition of professional achievement in the four key areas of USDA Professional Standards
 - Increases knowledge and skills to manage a complex foodservice program
 - Enhances career opportunity
 - Improves credibility with peers, school district administrators and the general public

How do I get SNS Credentialed?

- | | | | |
|--|--|---|---|
| 1. Meet the academic, key area, and work experience requirements to apply to take the SNS Credentialing Exam (see back for details) | 2. Choose a date to take the SNS Credentialing Exam from the list of available exam dates and locations | 3. Submit completed application and college transcripts / diploma to SNA | 4. Pass the SNS Credentialing Exam |
|--|--|---|---|

"[The SNS Credential] shows to my colleagues my commitment to continuing education in my field, so that I can be that trusted expert to turn to."

—Jeremy West, CDM, SNS, Nutrition Services Director, Greeley-Evans School District 6, Greeley, CO

Learn more and apply today at www.schoolnutrition.org/SNS





SNA's Credentialing Program

The Requirements:

Before you can sit for the SNS Credentialing Exam, you must meet the academic, key area, and work experience requirements listed below:



Academic Requirement	Key Area Requirement	Work Experience Requirement
60 College Credits OR Associate's Degree OR Bachelor's Degree or Higher*	30 College Credits in any of the 4 Key Areas: Nutrition, Operations, Administration, Communications/ Marketing OR 3 Years of Work Experience in coordinating, managing, or supervising various aspects of child nutrition OR Some Combination of College and Work Experience (1 year of work equals 10 college credits)	1 Year of Work Experience related to school nutrition within the past 5 Years in any of the following settings: <ul style="list-style-type: none"> • school nutrition program • community nutrition program • college program • university program • technical program • culinary program • state/community agency • trainer • consultant • industry staff • and/or SNA state/national association staff

*The key area requirement is waived for individuals with a Bachelor's Degree or Higher.

How to Apply:

To apply to take the SNS Credentialing Exam, you must complete and submit an application form, along with your college transcript, and the application fee.

Visit www.schoolnutrition.org/sns to view the current listing of SNS Credentialing Exams scheduled throughout the country and for exam fees.

"It should be a goal of every Foodservice Director, regardless of the size of their district, to attain this credential."

—Timothy W. Goossens, SNS, Director of Food Service, Laconia, NH



Learn more and apply today at www.schoolnutrition.org/SNS



A vertical still life arrangement of autumn-themed items on the left side of the page. It includes several yellow and orange pumpkins of different sizes, two ears of yellow corn (one partially husked), a small wooden bowl filled with hazelnuts and walnuts, and several red and yellow maple leaves scattered throughout.

MSNA Partners with MO Healthy Schools

Missouri Healthy Schools (MHS) is a CDC-funded program of the Missouri Department of Elementary and Secondary Education, in collaboration with Missouri Department of Health and Senior Services that works to support schools across Missouri. MHS seeks to provide students with lifelong advantages, built upon early, positive health behaviors that improve conditions for academic achievement. In partnership with school leaders, MHS provides resources to support teachers, school nurses and administrators through the Covid-19 pandemic, including technical assistance and professional development opportunities in a variety of focus areas, including:

- Nutrition & Food Service Operations
- Physical Education & Physical Activity
- Employee Social and Emotional Wellbeing
- School Facilities
- School Health Services
- Current and developing COVID-19 recommendations and guidelines

MSNA has been provided grant funding to partner with MHS on providing Food Service and Nutrition expertise that will assist Missouri school nutrition operators through the COVID-19 pandemic. Visit <http://www.mohealthyschools.com/> for all the latest information and resources! Be sure to SIGN UP for UPDATES directly to your inbox at the website!



Healthier Generation Webinar Series Available

Fostering a Culture of Wellness, Gratitude, and Self-Care: Strategies for Food Service Directors

Food and Nutrition Service Directors play an important role in supporting the well-being of their essential front-line staff. Promoting a culture of gratitude, self-care, safety, and wellness is key to supporting a healthy and productive team. Healthier Generation has developed this two-part webinar series to provide Food Service Directors with tools and resources to support their team's social-emotional health under times of stress and uncertainty.

Thursday, November 5th from 1:30 - 2:00 pm EST | [Register here](#)

In Part 1, participants will learn why staff well-being is critical for a productive workforce, strategies to support staff (and you!) in noticing and managing stress in real-time, and the building blocks of cultivating a positive culture through trust and authentic connections with staff.

Wednesday, November 11th from 2:30 - 3:00 pm EST | [Register here](#)

In Part 2, participants will dive further into strategies for building a positive workplace culture centered around well-being, learn how to implement an authentic system of gratitude, and promote effective complaining.



MSNA/SNA Director of the Year Award



March 1, 2021 is the deadline to nominate your FS Director for MSNA and SNA's Director of the Year Award! Missouri didn't have ANY Directors nominated last year. Let's see if we can't do better in this year!

The Director of the Year award recognizes school nutrition directors for the contributions they have made throughout their school nutrition career.

Who can be nominated?

The nominee must be:

- Currently and for the past five years a School Nutrition Director at the school district level
- Currently and for the past five years a SNA member in the District Director or Major City Director sections
- Currently holds a SNA certificate in school nutrition or the SNS credential

The nominee must also have:

Served in at least one position on the state or national executive board OR as a member on a state or national committee

Are there any restrictions?

The nominee cannot be:

1. A current state or national SNA president
2. A current SNA national Board of Directors member
3. A current member of an SNA national standing or strategic committee
4. A current SNA member in the Employee or Manager category
5. Hold a title or job responsibilities that do not confirm the nominee's status as school nutrition director
6. A previous national winner of the Outstanding Director of the Year award or Director of the Year award

Self-nominations are not accepted. Nominations must be typed, and answers must not exceed the listed word counts. SNA will not accept nominations from current members of the SNA national Board of Directors or of SNA national standing or strategic committees.

How do I submit a nomination?

Nominations for the 2020-21 Director of the Year Award are due online or directly to the State President by March 1, 2021. * Submit the online nomination via this link. <https://schoolnutrition.org/Membership/Awards/DirectorOfTheYear/>



MSNA/SNA Manager of the Year Award



The Manager of the Year award, in honor of Louise Sublette, recognizes school nutrition managers for the contributions they have made throughout their school nutrition career.

Who can be nominated?

The nominee must be:

- Currently an SNA member in the Foodservice/Nutrition Manager/Head Cook/Assistant Manager section
- Currently holds a SNA certificate in school nutrition or the SNS credential
- Assigned to one school OR to a central kitchen that serves multiple schools
- Currently acts as manager, head cook, or assistant manager and is assigned to one school OR to a central kitchen that serves multiple schools

Are there any restrictions?

Yes, the nominee cannot be:

1. A current state or national SNA president
2. A current SNA national Board of Directors member
3. A current member of an SNA national standing or strategic committee
4. Employed as a supervisor on a system-wide basis
5. A SNA member in the Employee or Director category
6. Hold a title or have job responsibilities that do not confirm the nominee's status as a manager
7. A previous national winner of the Manager of the Year award

Self-nominations are not accepted. Nominations must be typed, and answers must not exceed the listed word counts. SNA will not accept nominations from current members of the SNA national Board of Directors or of SNA national standing or strategic committees.

How do I submit a nomination?

Nominations for the 2020-21 Manager of the Year Award are due online or directly to the State President by March 1, 2021.* Submit the online nomination via this link. <https://schoolnutrition.org/Membership/Awards/ManagerOfTheYear/>



MSNA/SNA Employee of the Year Award



The Employee of the Year award recognizes non-managerial school nutrition employees for the contributions they have made throughout their school nutrition career.

Who can be nominated?

The nominee must be:

- Currently be an SNA member in the School Nutrition or Child Care Employee Section
- Currently holds a SNA certificate in school nutrition
- Currently be employed in a school foodservice or childcare nutrition program
- Currently be employed in a non-managerial role in the school nutrition profession, such as cook, baker, cashier, assistant, etc.

Are there any restrictions?

The nominee cannot be:

- A current state or national SNA president
- A current SNA national Board of Directors member
- A current member of an SNA national standing or strategic committee
- A current SNA member in the Manager or Director category
- Hold a title or job responsibilities that do not confirm the nominee's status as non-managerial staff
- A previous national winner of the Employee of the Year Award or Heart of the Program Award

Self-nominations are not accepted. Nominations must be typed, and answers must not exceed the listed word counts. SNA will not accept nominations from current members of the SNA national Board of Directors or of SNA national standing or strategic committees.

Nominations for the 2020-21 Employee of the Year Award are due online or directly to the State President by March 1, 2021.* Submit the online nomination via this link <https://schoolnutrition.org/Membership/Awards/EmployeeOfTheYear/>



2019 - 2020

3% Participation Increase Award Winners

Blue Springs School District	Breakfast	Lunch
Brittany Hill Middle School	x	x
Chapel Lakes Elementary	x	x
Cordill Maron Elementary		x
Daniel Young Elementary	x	x
Delta Woods Middle School	x	x
Franklin Smith Elementary	x	x
Freshman Center High School	x	x
James Lewis Elementary	x	x
James Walker Elementary		x
John Nowlin Elementary	x	x
Lucy Franklin Elementary	x	x
Moreland Ridge Middle School	x	x
Paul Kinder Middle School	x	x
Sunny Pointe Elementary	x	x
Thomas Ultican Elementary	x	x
Voy Spears Elementary		x
William Bryant Elementary	x	x
William Yates Elementary	x	x

Carthage K-9	Breakfast	Lunch
Carthage High School	x	
Carthage Jr. High School	x	
Pleasant Valley Elementary		x



2019 - 2020

3% Participation Increase Award Winners

Columbia	Breakfast	Lunch
Alpha Hart Elementary		x
Beulah Ralph Elementary	x	
Blue Ridge Elementary		x
Cedar Ridge Elementary		x
Derby Ridge Elementary		x
Elliott Battle Elementary		x
Fairview Elementary		x
Grant Elementary		x
Lange Middle School		x
Mary Paxton Keeley Elementary		x
Midway Heights Elementary		x
Mill Creek Elementary		x
New Haven Elementary		x
Oakland Middle School		x
Parkade Elementary		x
Ridgeway Elementary		x
Rock Bridge Elementary		x
Russell Boulevard Elementary		x
Shepard Boulevard Elementary		x
Thomas Hart Benton Elementary		x
Two Mile Prairie Elementary		x
West Boulevard Elementary		x
West Middle School	x	



Fort Zumwalt	Breakfast	Lunch
Dardenne Elementary		x
J.L. Mudd Elementary		x
St. Peters Elementary		x
Westhoff Elementary		x

Hickman Mills C-I	Breakfast	Lunch
Millennium at Santa Fe Elementary		x
Ruskin High School	x	

Jackson R-II	Breakfast	Lunch
East Elementary		x
Gordonville Elementary		x
Jackson High School	x	
Jackson Middle School		x
Millersville Elementary		x
North Elementary		x
Russell Hawkins Junior High	x	
South Elementary		x
West Lane Elementary		x



2019 - 2020

3% Participation Increase Award Winners

Kansas City Public Schools	Breakfast	Lunch
Border Star Elementary	x	
East High School	x	
Hale Cook Elementary	x	
Lincoln College Prep Academy	x	
Lincoln Middle School	x	
Northeast High School	x	
Lee's Summit R-VII	Breakfast	Lunch
Cedar Creek Elementary		x
Greenwood Elementary		x
Hawthorn Hill Elementary		x
Hazel Grove Elementary		x
Highland Park Elementary		x
Lee's Summit Elementary		x
Lee's Summit High School		x
Longview Farm Elementary		x
Mason Elementary		x
Meadow Lane Elementary		x
Pleasant Lea Middle	x	
Prairie View Elementary		x
Summit Pointe Elementary		x
Trailridge Elementary		x
Underwood Elementary		x
Westview Elementary		x
Woodland Elementary		x



2019 - 2020

3% Participation Increase Award Winners

Maplewood Richmond Heights	Breakfast	Lunch
Maplewood Richmond Heights Early Childhood Center		x

Parkway Schools	Breakfast	Lunch
Barretts Elementary		x
Bellerive Elementary		x
Craig Elementary		x
Green Trails Elementary		x
Hanna Woods Elementary		x
Henry Elementary		x
Mason Ridge Elementary		x
Oak Brook Elementary		x
Pierremont Elementary		x
Riverbend Elementary		x
Ross Elementary		x
Sorrento Springs Elementary	x	x

Raymore-Peculiar R-II	Breakfast	Lunch
Bridle Ridge Elementary		x
Creekmoor Elementary		x
Eagle Glen Elementary		x
Peculiar Elementary		x
Raymore Elementary		x
Stonegate Elementary		x
Timber Creek Elementary		x



2019 - 2020

3% Participation Increase Award Winners

Rockwood School District	Breakfast	Lunch
Babler Elementary		x
Ballwin Elementary		x
Blevins Elementary		x
Bowles Elementary		x
Chesterfield Elementary		x
Crestview Middle School		x
Ellisville Elementary		x
Eureka Elementary		x
Fairway Elementary		x
Geggie Elementary		x
Green Pines Elementary		x
Kehrs Mill Elementary		x
Pond Elementary		x
Uthoff Valley Elementary		x
Woerther Elementary		x



2019 - 2020

3% Participation Increase Award Winners

Springfield R-XII	Breakfast	Lunch
Bingham Elementary		x
Bowerman Elementary		x
Boyd Elementary		x
Disney Elementary		x
Harrison Elementary		x
Holland Elementary		x
Horace Mann Elementary	x	x
Jarrett Middle School	x	
Jeffries Elementary		x
Pipkin Middle School	x	
Pittman Elementary		x
Pleasant View Elementary		x
Portland Elementary		x
Shady Dell Early Childhood Center		x
Sherwood Elementary		x
Shining Stars Early Childhood Center		x
Study Alternative High School	x	x
Sunshine Elementary		x
Watkins Elementary		x
Westport Middle School	x	
Wilder Elementary		x
Wilson Creek	x	
York Elementary		x